

# DAKTARIN Cream

Miconazole Nitrate

## Consumer Medicine Information

### What is in this leaflet

This leaflet answers some of the common questions about DAKTARIN Cream. It does not contain all of the available information or take the place of talking to your doctor or pharmacist.

**If you have any concerns about using DAKTARIN Cream, ask your doctor or pharmacist.**

Your doctor and pharmacist have more information.

**Keep this leaflet with your DAKTARIN Cream.**

You may need to read it again.

### What DAKTARIN Cream is used for

DAKTARIN Cream is a medicine used for treating athlete's foot, tinea, ringworm and thrush infections of the skin caused by fungi, including yeast.

Your doctor or pharmacist may have recommended DAKTARIN Cream for another reason. Ask your doctor or pharmacist if you have any questions about why DAKTARIN Cream has been recommended for you.

### Before you use DAKTARIN Cream

#### **When you must not use it**

**Do not use DAKTARIN Cream if you know you are allergic to:**

- miconazole or any of the ingredients (see the last section of this leaflet for a full list of ingredients)
- similar antifungal agents such as ketoconazole.

#### **Do not use DAKTARIN Cream if:**

- you are pregnant or breastfeeding, unless your doctor has advised you to
- the packaging is torn or shows signs of being tampered with
- the expiry date (month and year) printed on the pack has passed. If you take it after the expiry date it may not work.

#### **Taking other medicines**

**Consult your doctor or pharmacist first if you are planning on using DAKTARIN Cream and are taking any of the following medicines because it may affect the way these medicines work:**

- oral anticoagulants such as warfarin used to prevent blood clots
- oral hypoglycemics used by diabetics to lower blood sugar levels in blood
- phenytoin used to treat epilepsy and convulsions

### Using DAKTARIN Cream

#### **How to use it**

Wash the affected area and dry thoroughly. (Reserve a special towel for this purpose.)

Apply a thin layer of cream to the affected area twice daily. Rub the cream into the skin with your finger until it has fully penetrated. Continue treatment until all signs of the infection have disappeared (usually two to four weeks).

#### **Important Notes:**

- **Keep a separate face washer and towels for your own use to avoid infecting other people.**
- **Regularly change clothing, which comes into contact with the infected areas to avoid re-infecting yourself.**
- **Clean the site of infection twice daily to prevent build up of fungal cells.**
- **Keep the areas of infection well ventilated. Do not apply moisturisers to the site of infection as this will promote the growth of fungus. If infection involves the feet, footwear that make the feet perspire should be avoided.**

#### **If you forget to use it**

**If you forget to use DAKTARIN Cream, do so as soon as you remember, and then go back to using it as you would normally.**

**If you have problems remembering when to take your medicine, ask your pharmacist for some hints.**

**KEEP OUT OF REACH OF CHILDREN.**

---

## While you are using DAKTARIN Cream

---

### **Things you must do**

If your symptoms do not improve after using DAKTARIN Cream, see your healthcare professional.

### **Things you must not do**

Do not use DAKTARIN Cream near the eyes.

**Do not use this medicine to treat any other complaints unless your doctor tells you to.**

**Do not give it to anyone else, even if their condition seems similar to yours.**

---

## Side Effects

---

All medicines have side effects. Sometimes they are serious, most of the time they are not. You may need medical treatment if you get some side effects.

DAKTARIN Cream is usually well tolerated. However, it may sometimes cause a skin reaction such as a rash, redness, swelling, itching or a burning sensation.

Do not be alarmed by this list of side effects. You may not experience any of them.

**If severe irritation or other signs of allergic reaction occur, discontinue treatment and consult your doctor or pharmacist.**

Do not hesitate to report any other side effects to your doctor or pharmacist.

---

## Overdose

---

If you have used too much DAKTARIN Cream you may experience skin irritation. Skip one or two applications and start again according to the normal scheme.

### **Tell your doctor or pharmacist if symptoms persist.**

Accidental swallowing of large quantities of DAKTARIN Cream may give rise to gastric trouble. If you think you or anybody else has swallowed large quantities of DAKTARIN Cream, contact your doctor, pharmacist or the Poisons Information Centre who will advise you what to do. You can contact the Poisons Information Centre by dialling 13 11 26 in Australia or 0800 POISON or 0800 764 766 in New Zealand.

---

## Storage

---

- Keep your DAKTARIN Cream in a cool dry place where the temperature stays below 25°C.
- Do not store it or any other medicine in the bathroom or near a sink. Heat and dampness can destroy some medicines.
- Keep it where young children cannot reach it. A locked cupboard at least one and a half metres above the ground is a good place to store medicines.
- Medicines cannot be stored indefinitely. Do not use DAKTARIN Cream beyond the date (month and year) printed on the pack after the letters "EXP", even if it has been stored properly.

### **Disposal**

If your doctor tells you to stop using this medicine or the expiry date has passed, ask your pharmacist what to do with any medicine that is left over.

---

## Product Description

---

### **What it looks like**

DAKTARIN Cream is a white homogenous cream. It is packaged in tubes of 15, 30 or 70g.

### **Ingredients**

DAKTARIN Cream contains 20 milligrams of miconazole nitrate in each gram. It also contains apricot kernel oil PEG-6 esters, ethylene glycol, liquid paraffin, tefose 63, benzoic acid, butylated hydroxyanisole and purified water.

### **Sponsor**

Johnson & Johnson Pacific  
45 Jones Street  
Ultimo NSW 2007  
Australia

DAKTARIN is a registered trademark.

This leaflet was prepared in May 2007. Amended February 2010.

Australian Registration Number:  
AUST R 13284