

DIMETAPP HEADCOLD & FLU TABLETS

Consumer Medicine Information

What is in this leaflet?

This leaflet answers some common questions about Dimetapp Headcold & Flu Tablets. It does not contain all the available information.

It does not take the place of talking to your doctor or pharmacist.

Keep this leaflet with the medicine.

You may need to read it again.

What is Dimetapp Headcold & Flu Tablets used for?

Dimetapp Headcold & Flu Tablets have been developed specifically for adults and children over 12 years of age.

Dimetapp Headcold & Flu Tablets combines the decongestant action of Pseudoephedrine with an effective, anti-inflammatory pain reliever and fever reducer, Ibuprofen. This combination of actives provides fast, effective, non-drowsy relief from the symptoms of colds and flu including: blocked nose, sinus congestion, aches and pains, fever, sore throat, sinus pain and headache.

Before you take Dimetapp Headcold & Flu Tablets

Tell your doctor or pharmacist if:

- 1. You have any allergies to:**
 - * any other medicines
 - * any other substances, such as foods, preservatives or dyes, or ingredients listed at the end of this leaflet.
- 2. You have or had any medical conditions, especially the following:**
 - * high blood pressure
 - * heart disease
 - * diabetes
 - * thyroid disease
 - * glaucoma
 - * difficulty in passing urine
 - * stomach ulcer or stomach disorder
 - * asthma
- 3. You are pregnant or nursing a baby**
- 4. You are scheduled for surgery**

While you are using Dimetapp Headcold & Flu Tablets

1) Things you must do:

If anyone in the family becomes pregnant and happens to use Dimetapp Headcold & Flu Tablets, tell your doctor or pharmacist immediately.

If you are about to be started on any new medicine tell your doctor, dentist or pharmacist that you are using Dimetapp Headcold & Flu Tablets.

2) Things to be careful of:

Do not drive or operate machinery until you know how Pseudoephedrine hydrochloride affects you. Pseudoephedrine hydrochloride may cause dizziness in some people and therefore may affect alertness.

Side Effects

Tell your doctor or pharmacist as soon as possible if you do not feel well whilst using Dimetapp Headcold & Flu Tablets.

Dimetapp Headcold & Flu Tablets may have unwanted side effects in a few individuals. All medicines can have side effects. Ask for the advice of your doctor or pharmacist if you have any concerns about the effects of using this medicine.

Tell your doctor or pharmacist if you notice any of the following side effects:

- * nausea (feeling sick)
- * vomiting
- * indigestion
- * abdominal cramps
- * dizziness
- * headache
- * nervousness
- * sleeplessness (insomnia)

- * shaking (tremor)
- * faster heart rate (tachycardia)
- * blurred vision
- * difficulty urinating
- * rash
- * itching
- * swelling of the face
- * difficulty in breathing

Some individuals may experience other side effects while using Dimetapp Headcold & Flu Tablets.

Do not be alarmed by this list of possible side effects. You may not experience any of them.

Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicines, including any that you buy without a prescription from your pharmacy, supermarket or health food shop. In particular, you should tell your doctor or pharmacist:

1. If you are using:

- * medicines containing ibuprofen or other anti-inflammatory medicine, like aspirin.
- * nasal decongestants from other cough, cold or allergy products
- * medicines used to treat high blood pressure
- * warfarin and other anticoagulants and thrombolytic agents
- * methotrexate
- * corticosteroids
- * cardiac glycosides

2. If you are using or in the last 2 weeks used:

- * medicine used to treat depression, psychiatric or emotional conditions or Parkinson's disease.

3. If you need to do any clinical laboratory test

Your doctor and pharmacist have more information on medicines to be careful with or avoid whilst using Dimetapp Headcold & Flu Tablets.

How to use Dimetapp Headcold & Flu Tablets

1) How much to use

For adults and children over 12 years: Take 1 to 2 tablets every 4 to 6 hours, as required.

Do not exceed 6 tablets per day.

This product is not recommended for children under 12 years of age without medical advice.

Do not take for more than 10 days.

2) If you forget to take it

If it is almost time for your next dose, skip the dose you missed and take the next dose when you are meant to. Otherwise, use it as soon as you remember and then go back to using Dimetapp Headcold & Flu Tablets as you would normally.

Do not use a double dose to make up for the dose that you missed.

3) If you use too much (overdose)

Immediately telephone your doctor or Poisons Information Centre (telephone 13 11 26) or go to the nearest hospital straight away, if you think that you or anyone else may have used too much Dimetapp Headcold & Flu Tablets. Do this even if there are no signs of discomfort or poisoning. Keep this telephone number handy.

After using Dimetapp Headcold & Flu Tablets

1) Storage

Keep Dimetapp Headcold & Flu Tablets in a cool dry place where the temperature stays below 25 degrees C.

Do not leave it in the car or on window sills.

Heat and dampness can destroy some

medicines.

Keep it where children cannot reach it.

2) Disposal

After the expiry date has passed, any unused Dimetapp Headcold & Flu Tablets should be returned to your pharmacist so that it can be disposed of safely.

Product description

1) What it looks like

Dimetapp Headcold & Flu tablets are butterscotch-coloured, oval shaped, coated tablets.

2) Ingredients

Each tablet contains:

**Ibuprofen, 200mg,
Pseudoephedrine hydrochloride,
30mg**

It also contains Starch - maize, Starch - pregelatinised maize, Croscarmellose sodium, Silica - colloidal anhydrous, Sodium lauryl sulfate, Stearic acid, Water - purified, Sucrose, Cellulose - microcrystalline, Carnauba wax, Opaglos GS-2-0310 (coating agent) and Opalux butterscotch AS-3739 (colouring).

Supplier

Wyeth Consumer Healthcare Pty Ltd
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Australia

Dimetapp Headcold & Flu Tablets -
AUST R 77894.

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