

# KONAKION<sup>®</sup> Tablets

pronounced koe-nak-ee-on

contains the active ingredient phytomenadione (also called Vitamin K1)

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## Consumer Medicine Information

### What is in this leaflet

This leaflet answers some common questions about KONAKION<sup>®</sup> tablets.

It does not contain all the available information.

It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor has weighed the risks of you taking KONAKION against the benefits they expect it will have for you.

**If you have any concerns about taking this medicine, ask your doctor or pharmacist.**

**Keep this leaflet with the medicine.**

You may need to read it again.

## **What KONAKION is used for**

KONAKION contains the active ingredient phytomenadione.

KONAKION is used to treat blood clotting problems.

KONAKION belongs to a group of medicines called Vitamin K.

Vitamin K substances are used to treat blood clotting problems and work by reversing some of the causes of excessive bleeding. This risk of bleeding is usually caused by too much anti-clotting medication (known as anticoagulants).

There are many different types of medicines used to treat bleeding disorders. KONAKION belongs to one of these groups.

Your doctor, however, may have prescribed KONAKION for another purpose.

**Ask your doctor if you have any questions about why KONAKION has been prescribed for you.**

KONAKION is not addictive.

## **Before you take KONAKION**

### **When you must not take it**

**Do not take KONAKION if:**

- 1. You have had an allergic reaction to KONAKION, any other type of Vitamin K or any ingredients listed at the end of this leaflet.**
- 2. The package is torn or shows signs of tampering.**
- 3. The expiry date (EXP) printed on the pack has passed.**

If you take this medicine after the expiry date has passed, it may not work as well.

**If you are not sure if you should be taking KONAKION, talk to your doctor.**

## **Before you start to take KONAKION**

**Tell your doctor if:**

- 1. You are pregnant or plan to become pregnant.**

It is not known whether KONAKION is harmful to an unborn baby when taken by a pregnant woman. If there is a need to take KONAKION when you are pregnant your doctor will discuss the risks and benefits to you and the unborn baby.

- 2. You are breast-feeding or plan to breast-feed.**

Your doctor will discuss the risks and benefits of using KONAKION if you are breast-feeding.

- 3. You have any other health problems including:**

- Liver disease.

**4. You are allergic to any other medicines, foods, dyes or preservatives.**

**If you have not told your doctor about any of the above, tell them before you start taking KONAKION.**

## **Taking other medicines**

**Tell your doctor if you are taking any other medicines, including any that you have bought from a pharmacy, supermarket or health food shop.**

Some medicines may interfere with KONAKION. These medicines include:

1. Warfarin (Coumadin®, Marevan®).
2. Phenindione (Dindevan®).
3. Antiepilepsy medications.

These medicines may be affected by KONAKION, or may affect how well it works. You may need to use different amounts of your medicine, or you may need to take different medicines. Your doctor will advise you.

Your doctor or pharmacist has more information on medicines to be careful with or avoid while taking KONAKION.

**Ask your doctor or pharmacist if you are not sure about this list of medicines.**

## **How to take KONAKION**

**Follow all directions given to you by your doctor or pharmacist carefully.**

They may differ from the information contained in this leaflet.

### **How much to take**

**Take KONAKION exactly as your doctor has prescribed.**

Your doctor will tell you how many KONAKION tablets to take each day.

Your dose or length of therapy may be adjusted according to your blood clotting response.

For mild haemorrhage, one tablet will be given to you by your doctor or pharmacist.

If you continue to bleed a further dose may be given.

### **How to take it**

Tablets should be chewed or allowed to dissolve slowly in the mouth.

### **How long to take it**

Continue taking KONAKION until your doctor tells you to stop.

## **In case of an overdose**

**Immediately telephone your doctor, or Poisons Information Centre (telephone 13 11 26), or go to Accident and Emergency at your nearest hospital, if you think you or anyone else may have taken too much KONAKION. Do this even if there are no signs of discomfort or poisoning.**

You may need urgent medical attention.

**If you are not sure what to do, contact your doctor or pharmacist.**

**Keep telephone numbers for these places handy.**

## **While you are taking KONAKION**

### **Things you must do**

**Tell all doctors, dentists and pharmacists who are treating you that you are taking KONAKION.**

**Tell your doctor if you become pregnant while taking KONAKION.**

**Tell your doctor if, for any reason, you have not taken your medicine exactly as prescribed.**

Otherwise, your doctor may think that it was not effective and change your treatment unnecessarily.

**Be sure to keep all of your appointments with your doctor so that your progress can be checked.**

## **Things you must not do**

**Do not stop taking KONAKION or change the dose without first checking with your doctor.**

**Do not let yourself run out of medicine over the weekend or on holidays.**

**Do not give KONAKION to anyone else even if they have the same condition as you.**

**Do not use KONAKION to treat other complaints unless your doctor says to.**

**Do not take any other medicines whether they require a prescription or not without first telling your doctor or consulting a pharmacist.**

## **Things to be careful of**

**Be careful driving or operating machinery until you know how KONAKION affects you.**

However, KONAKION is not expected to affect your ability to drive a car or operate machinery.

## **Side effects**

**Tell your doctor or pharmacist as soon as possible if you do not feel well while you are taking KONAKION.**

KONAKION generally causes few side effects and helps most people with blood clotting problems, however it may have unwanted side effects in a few people.

All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical treatment if you get some of the side effects.

**Ask your doctor or pharmacist to answer any questions you may have.**

## **After taking KONAKION**

### **Storage**

**Keep your tablets in the bottle until it is time to take them.**

If you take the tablets out of the bottle they may not keep well.

**Keep KONAKION in a cool dry place where the temperature stays below 30 degrees C.**

**Do not store it, or any other medicine, in a bathroom or near a sink.**

**Do not leave it in the car or on window sills.**

Heat and dampness can destroy some medicines.

**Keep KONAKION where young children cannot reach it.**

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.



## **Disposal**

**If your doctor tells you to stop taking KONAKION, or the tablets have passed their expiry date, ask your pharmacist what to do with any tablets that are left over.**

## **Product description**

### **Availability**

KONAKION comes in 10 mg tablets, in bottles of 100 tablets.

KONAKION is also available as an injection.

### **What KONAKION looks like**

KONAKION tablets are white, round, biconvex sugar coated tablets.

### **Ingredients**

#### **Active ingredient:**

- phytomenadione (also called Vitamin K1) 10 mg.

#### **Inactive ingredients:**

- Silicon dioxide.
- Sucrose.
- Anhydrous glucose.

- Milk - nonfat dry.
- Cocoa powder.
- Theobroma oil.
- Carob gum.
- Glycerol.
- Starch-rice.
- Titanium dioxide CI 77891.
- Ethyl vanillin.
- Acacia.
- Light liquid paraffin.
- Hard paraffin.
- Talc purified.
- Carmellose sodium.

KONAKION tablets are gluten free.

## **Distributor**

KONAKION is distributed by:

Roche Products Pty Limited

ABN 70 000 132 865

4 - 10 Inman Road

Dee Why NSW 2099

Customer enquiries: 1 800 233 950

Please check with your pharmacist for the latest Consumer  
Medicine Information.

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