1 NAME OF THE MEDICINE
Adenosine

2 QUALITATIVE AND QUANTITATIVE COMPOSITION
ADENOSINE VIATRIS is a sterile solution for intravenous injection (rapid bolus), available in clear glass vials and pre-filled syringes.

Each vial or pre-syringe contains 6 mg adenosine in 2 mL solution.

For the full list of excipients, see Section 6.1 LIST OF EXCIPIENTS.

3 PHARMACEUTICAL FORM
Solution for Injection

Clear colourless solution free from visible particles.

4 CLINICAL PARTICULARS

4.1 THERAPEUTIC INDICATIONS
Therapeutic Indications

ADENOSINE VIATRIS is indicated for the rapid conversion to a normal sinus rhythm of paroxysmal supraventricular tachycardias, including those associated with accessory bypass tracts (Wolff-Parkinson-White syndrome).

Diagnostic Indications

ADENOSINE VIATRIS is indicated as an aid to diagnosis of broad or narrow QRS complex supraventricular tachycardias. Although adenosine is not effective in converting atrial flutter, atrial fibrillation or ventricular tachycardia to sinus rhythm, the slowing of AV conduction helps diagnosis of atrial activity. In this respect adenosine should be used as an adjunct to, but not a replacement for, clinical and ECG observations. It should be used only when, despite all diagnostic attempts, doubt still persists.

ADENOSINE VIATRIS can also be used for improved diagnostic sensitivity of intracavity electrophysiological investigations.

4.2 DOSE AND METHOD OF ADMINISTRATION

ADENOSINE VIATRIS should be used only in hospitals with monitoring and cardiorespiratory resuscitation equipment available for immediate use. It should be administered by rapid intravenous bolus injection according to the ascending dosage schedule below. To be certain the solution reaches the systemic circulation, administer either directly into a vein or into an IV line. If administered into an IV line it should be injected as proximally as possible, and followed by a rapid saline flush.

ADENOSINE VIATRIS should only be used when facilities exist for cardiac monitoring. Patients who develop high-level AV block at a particular dose should not be given further dosage increments.

ADENOSINE VIATRIS is for use in one patient only. Discard any remaining contents.

Therapeutic Dose

Adults:
Initial Dose: 3 mg given as a rapid intravenous bolus (over 2 seconds).

Second Dose: If the first dose does not result in the elimination of the supraventricular tachycardia within 1 or 2 minutes, 6 mg should be given, also as a rapid intravenous bolus.

Third Dose: If the second dose does not result in the elimination of the supraventricular tachycardia within 1 or 2 minutes, 12 mg should be given, also as a rapid intravenous bolus.

**Children:**
No controlled paediatric study has been undertaken. Published uncontrolled studies show similar effects of adenosine in adults and children, effective doses for children were between 0.0375 mg/kg and 0.25 mg/kg.

**Elderly:**
See dosage recommendations for adults.

**Diagnostic Dose**
The above ascending dosage schedule should be employed until sufficient diagnostic information has been obtained.

**4.3 CONTRAINDICATIONS**
ADENOSINE VIATRIS is contraindicated in patients suffering from:

- known hypersensitivity to adenosine
- sick sinus syndrome, second or third degree AV block (except in patients with a functioning artificial pacemaker)
- chronic obstructive lung disease (such as asthma)
- long QT syndrome
- severe hypotension
- decompensated states of heart failure

**4.4 SPECIAL WARNINGS AND PRECAUTIONS FOR USE**
Adenosine is intended for use by doctors familiar with the product (see Section 4.2 DOSE AND METHOD OF ADMINISTRATION) in a hospital setting with monitoring and cardiorespiratory resuscitation equipment available for immediate use if necessary.

The occurrence of angina, severe bradycardia, severe hypotension, respiratory failure (potentially fatal), or asystole/cardiac arrest (potentially fatal), should lead to immediate discontinuation of administration.

In patients with a history of convulsions / seizures, the administration of adenosine should be carefully monitored.

As dipyridamole is a known inhibitor of adenosine uptake, it may potentiate the action of adenosine administration. If the use of adenosine bolus injection (ADENOSINE VIATRIS) is judged to be essential, dipyridamole should be discontinued 24 hours beforehand, or the dose of adenosine should be significantly reduced.

Adenosine should be given as a rapid intravenous bolus injection. Adenosine is ineffective in the management of supraventricular tachycardias when given as an infusion, rather than a bolus. This is most probably due to the different effect on sinus rate and atrioventricular nodal conduction.
Hypotension
Because it has the potential to cause significant hypotension, adenosine should be used with caution in patients with left main coronary stenosis, uncorrected hypovolaemia, stenotic valvular heart disease, left to right shunt, pericarditis or pericardial effusion, autonomic dysfunction or stenotic carotid artery disease with cerebrovascular insufficiency.

Atrial fibrillation
Adenosine should be used with caution in patients with atrial fibrillation or flutter and especially in those with an accessory bypass tract, since particularly the latter may develop increased conduction down the anomalous pathway.

Bradycardia
Some cases of severe bradycardia have been reported. Some occurred in early post-heart transplant patients; in other cases occult sinoatrial disease was present. The occurrence of severe bradycardia should be taken as a warning of underlying disease and could potentially favour the occurrence of torsades de pointes.

Heart block and myocardial infarction
Adenosine exerts its effect by decreasing conduction through the AV node and may produce a short lasting first, second or third-degree heart block. In extreme cases, transient asystole may result (one case has been reported in a patient with atrial flutter who was receiving carbamazepine). Appropriate therapy should be instituted as needed. Patients who develop high level block on one dose of adenosine should not be given additional doses. Because of the very short half-life of adenosine, these effects are generally self-limiting.

Adenosine should be used with caution in patients with recent myocardial infarction, heart failure or in patients with minor conduction defects (first degree A-V block, bundle branch block) that could be transiently aggravated during infusion.

Arrhythmias at time of conversion
At the time of conversion to normal sinus rhythm, a variety of new rhythms may appear on the electrocardiogram. They generally last only a few seconds without intervention and may take the form of premature ventricular contractions, premature atrial contractions, atrial fibrillation, sinus bradycardia, sinus tachycardia, skipped beats, sinus pause and varying degrees of AV nodal block. Such findings were seen in 55% of patients. The induced bradycardia predisposes the patient to ventricular excitability disorders including ventricular fibrillation and torsade de pointes.

Because of the possible risk of torsade de pointes, adenosine should be used with caution in patients with a prolonged QT interval.

Post heart transplantation
In patients with recent heart transplantation (less than 1 year), an increased sensitivity of the heart to adenosine has been observed. Adenosine should be used with caution in such cases.

Bronchoconstriction
Adenosine administered by inhalation has been reported to cause bronchoconstriction in asthmatic patients, presumably due to mast cell degranulation and histamine release. These effects have not been observed in normal subjects. Adenosine has been administered to a limited number of patients with asthma and mild to moderate exacerbation of their symptoms has been reported. Adenosine should not be used in patients with asthma (See Section 4.3 CONTRAINDICATIONS).

Respiratory compromise has occurred during adenosine infusion in patients with obstructive pulmonary disease. Adenosine should be used with caution in patients with obstructive lung disease not associated with bronchoconstriction (e.g. emphysema, bronchitis, etc) and should be avoided in patients with
bronchoconstriction or bronchospasm (e.g. asthma). Adenosine should be discontinued in any patient who develops severe respiratory difficulties.

Adenosine may precipitate or aggravate bronchospasm.

**Use in the Elderly**
No data available.

**Paediatric Use**
No data has been submitted from controlled studies in children.

**Effects on Laboratory Tests**
No data available.

**4.5 INTERACTIONS WITH OTHER MEDICINES AND OTHER FORMS OF INTERACTIONS**

Intravenous adenosine has been administered effectively in the presence of other cardioactive drugs, such as digitalis, quinidine, beta-adrenergic blocking agents, calcium channel blocking agents, and angiotensin converting enzyme inhibitors, without any change in the adverse reaction profile.

Adenosine may interact with drugs that tend to impair cardiac conduction. Aminophylline, theophylline and other xanthines are competitive adenosine antagonists and should be avoided for 24 hours prior to the administration of adenosine.

Food and drinks containing xanthines eg tea, coffee, chocolate and cola should be avoided for at least 12 hours prior to the administration of adenosine.

Nucleoside transport inhibitors such as dipyridamole inhibit adenosine cellular uptake and metabolism, and potentiate the action of adenosine. In one study dipyridamole was shown to produce a four-fold increase in adenosine activity. If the use of adenosine bolus injection (ADENOSINE VIATRIS) is judged to be essential, dipyridamole should be discontinued 24 hours beforehand, or the dose of adenosine should be significantly reduced.

Carbamazepine has been reported to increase the degree of heart block produced by other agents. As the primary effect of adenosine is to decrease conduction through the AV node, higher degrees of heart block may be produced in the presence of carbamazepine.

**4.6 FERTILITY, PREGNANCY AND LACTATION**

**Effects on Fertility**
In rats and mice, adenosine administered intraperitoneally once a day for 5 days at 50, 100 and 150 mg/kg caused decreased spermatogenesis and increased numbers of abnormal sperm.

**Use in Pregnancy**
Pregnancy Category: B2

Animal reproductive studies have not been conducted with adenosine, nor have studies been performed on pregnant women. In the absence of evidence that adenosine does not cause foetal harm, adenosine should not be used during pregnancy unless the doctor considers the benefits outweigh the potential risks.

**Use in Lactation**
Studies have not been performed in lactating animals or women. Therefore, adenosine should not be used during lactation. If adenosine treatment is considered essential by the doctor, another form of infant feeding should be considered.
4.7 EFFECTS ON ABILITY TO DRIVE AND USE MACHINES
The effects of this medicine on a person's ability to drive and use machines were not assessed as part of its registration.

4.8 ADVERSE EFFECTS (UNDESIRABLE EFFECTS)
The following adverse reactions were reported with adenosine rapid intravenous bolus injection. These adverse reactions have been classified using standard terminology and are categorised by body system. They are listed in order of decreasing frequency according to the following definitions.

very common: $\geq 1/10$ (10%)
common: $\geq 1/100$ (1%) and $< 1/10$ (10%)
uncommon: $\geq 1/1,000$ (0.1%) and $< 1/100$ (1%)
rare: $\geq 1/10,000$ (0.01%) and $< 1/1,000$ (0.1%)
very rare: $< 1/10,000$ (0.01%)
not known: (cannot be estimated from available data).

**Cardiovascular system:**

Very common: Bradycardia; sinus pause, skipped beats; atrial asystoles; A-V block; ventricular excitability disorders such as ventricular asystoles, non-sustained ventricular tachycardia.

Uncommon: sinus tachycardia; palpitations.

Very rare: atrial fibrillation; ventricular excitability including ventricular fibrillation and torsades de pointes; severe bradycardia not corrected by atropine and possibly requiring temporary pacing.

Not known: asystole/cardiac arrest, sometimes fatal especially in patients with underlying ischemic heart disease/cardiac disorder; MI/ST segment elevation especially in patients with pre-existing severe CAD; cerebrovascular accident/transient ischemic attack, secondary to the hemodynamic effects of adenosine including hypotension; arteriospasm coronary which may lead to myocardial infarction; hypotension sometimes severe.

**Respiratory system:**

Very common: dyspnoea (or the urge to breathe deeply).

Uncommon: hyperventilation.

Very rare: bronchospasm.

Not known: respiratory failure; apnoea/respiratory arrest.

**Central Nervous System:**

Common: headache; dizziness; light-headedness.

Uncommon: head pressure.

Very rare: transient and spontaneously rapid reversible worsening of intracranial hypertension.

Not known: loss of consciousness/syncope; convulsions, especially in predisposed patients.
Gastrointestinal system:
Common: nausea
Uncommon: metallic taste.
Not known: vomiting.

Other:
Very common: flushing; chest pressure / pain; feeling of thoracic constriction / oppression.
Common: apprehension; burning and sensation.
Uncommon: blurred vision; sweating; feeling of general discomfort / weakness / pain.
Very rare: injection site reactions.
Not known: anaphylactic reaction (including angioedema and skin reactions such as urticaria and rash).

Post-marketing experience:
In post market clinical experience, hypotension, sometimes severe, has been reported. There have been reports of cerebrovascular accident / transient ischemic attack, secondary to the hemodynamic effects of adenosine, including hypotension. Cases of asystole / cardiac arrest, sometimes fatal, especially in patients with underlying ischaemic heart disease / cardiac disorder have been reported (see Section 4.4 SPECIAL WARNINGS AND PRECAUTIONS FOR USE).

Loss of consciousness / syncope and convulsions especially in predisposed patients have been reported (see Section 4.4 SPECIAL WARNINGS AND PRECAUTIONS FOR USE).

Apnoea / respiratory arrest and respiratory failure (see Section 4.4 SPECIAL WARNINGS AND PRECAUTIONS FOR USE) have been reported. Cases of fatal outcome of respiratory failure, of bronchospasm and of apnoea / respiratory arrest have also been reported.

Cases of vomiting have been reported.

Other reports include tingling in the arms, numbness, pressure in groin and transient increase in blood pressure.

Myocardial infarction and ST segment elevation have been reported, especially in patients with pre-existing severe coronary artery disease.

Anaphylactic reactions, including angioedema and skin reactions such as urticaria and rash, have been reported.

Reporting Suspected Adverse Effects
Reporting suspected adverse reactions after registration of the medicinal product is important. It allows continued monitoring of the benefit-risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions at www.tga.gov.au/reporting-problems.

4.9 OVERDOSE
As the half-life of adenosine is very short (less than 10 seconds), adverse effects are generally rapidly self-limiting.

Treatment of any prolonged adverse effects should be individualised and be directed toward the specific symptoms. Methylxanthines, such as caffeine and theophylline, and aminophylline are competitive antagonists of adenosine. Intravenous aminophylline or theophylline may be needed.
For information on the management of overdose, contact the Poisons Information Centre on 13 11 26 (Australia).

5 PHARMACOLOGICAL PROPERTIES

5.1 PHARMACODYNAMIC PROPERTIES

Mechanism of Action
Adenosine administered by rapid intravenous injection depresses conduction through the atrioventricular (AV) node.

This action can interrupt re-entry circuits involving the AV node and restore normal sinus rhythm in patients with paroxysmal supraventricular tachycardias and paroxysmal supraventricular tachycardias associated with Wolff-Parkinson-White Syndrome. Once the circuit has been interrupted, the tachycardia stops and normal sinus rhythm is re-established.

By transiently slowing AV conduction, atrial activity is easier to evaluate from ECG recordings and therefore adenosine can aid the diagnosis of broad or narrow QRS complex tachycardias.

Adenosine may be useful during electrophysiological studies to determine the site of AV block or to determine, in some cases of pre-excitation, whether conduction is occurring by an accessory pathway or via the AV node.

Haemodynamics
The intravenous bolus dose of 3 mg or 6 mg adenosine usually has no systemic haemodynamic effects. Rarely, significant hypotension and tachycardia have been observed. When larger doses are given by infusion, adenosine decreases blood pressure by decreasing peripheral resistance.

Clinical Trials
No data available.

5.2 PHARMACOKINETIC PROPERTIES

Intravenously administered adenosine is removed from the circulation very rapidly. Following an intravenous bolus, adenosine is taken up by erythrocytes and vascular endothelial cells. The half-life of intravenous adenosine is estimated to be less than 10 seconds. Adenosine enters the body pool and is primarily metabolised to inosine and adenosine monophosphate (AMP).

Hepatic or Renal Failure: Hepatic and renal failure should have no effect on the activity of a bolus injection of adenosine. Since adenosine has a direct action, hepatic and renal functions are not required for the activity or metabolism of a bolus injection.

5.3 PRECLINICAL SAFETY DATA

Genotoxicity
Adenosine tested negative for mutation in the Salmonella/Mammalian Microsome Assay. Adenosine, like other nucleosides at millimolar concentrations present for several doubling times of cells in culture, is known to produce a variety of chromosomal alterations.

Carcinogenicity
Studies in animals have not been performed to evaluate the carcinogenic potential of adenosine.

6 PHARMACEUTICAL PARTICULARS

6.1 LIST OF EXCIPIENTS

Sodium Chloride
Water for injections

6.2 INCOMPATIBILITIES
Incompatibilities were either not assessed or not identified as part of the registration of this medicine.

6.3 SHELF LIFE
In Australia, information on the shelf life can be found on the public summary of the Australian Register of Therapeutic Goods (ARTG). The expiry date can be found on the packaging.

6.4 SPECIAL PRECAUTIONS FOR STORAGE
ADENOSINE VIATRIS 6 mg/2 mL glass vials: Store below 25ºC

ADENOSINE VIATRIS 6 mg/2 mL Pre-filled syringes: Store below 30ºC. Protect from light.

Do not refrigerate as crystallisation may occur. If crystallisation has occurred, dissolve crystals by warming to room temperature. The solution should be clear at time of use. Any portion of the vial not used at once should be discarded.

6.5 NATURE AND CONTENTS OF CONTAINER

<table>
<thead>
<tr>
<th>Product</th>
<th>Type</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>ADENOSINE VIATRIS 6 mg/2 mL glass vial</td>
<td>Injection, solution</td>
<td>Glass Type I Clear vial with a bromobutyl rubber stopper and aluminium seal with flip-off cap. Pack size: 6 x 2 mL vials.</td>
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<tr>
<td>ADENOSINE VIATRIS 6 mg/2 mL Pre-filled syringe</td>
<td>Injection, solution</td>
<td>Glass Type I Clear pre-filled syringe with Barrel with Luer adaptor and tip cap, polystyrene plunger rod and plunger stopper. Pack size: 5 syringes.</td>
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Some strengths, pack sizes and/or pack types may not be marketed.

Australian Register of Therapeutic Goods (ARTG)

AUST R 152014 – ADENOSINE VIATRIS adenosine 6 mg/2 mL solution for injection vial

AUST R 152015 – ADENOSINE VIATRIS adenosine 6 mg/2 mL injection pre-filled syringe

6.6 SPECIAL PRECAUTIONS FOR DISPOSAL
In Australia, any unused medicine or waste material should be disposed of in accordance with local requirements.

6.7 PHYSICOCHEMICAL PROPERTIES
Adenosine is a white, crystalline powder slightly soluble in water, soluble in hot water, practically insoluble in alcohol and in methylene chloride.

The pH is between 4.5 and 7.5.
Chemical Structure

Chemical name : 9-β-D-ribofuranosyl-9H-purin-6-amine
Molecular formula : C_{10}H_{13}N_{5}O_{4}
Molecular weight : 267.2

CAS Number
58-61-7

7 MEDICINE SCHEDULE (POISONS STANDARD)
S4 (Prescription Only Medicine)

8 SPONSOR
Alphapharm Pty Ltd trading as Viatris
Level 1, 30 The Bond
30 – 34 Hickson Road
Millers Point NSW 2000
www.viatris.com.au
Phone: 1800 274 276

9 DATE OF FIRST APPROVAL
10/08/2009

10 DATE OF REVISION
18/01/2023

Summary Table of Changes

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<td>All</td>
<td>Change trade name from ADENOSINE MYLAN to ADENOSINE VIATRIS Minor editorial changes</td>
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<tr>
<td>2</td>
<td>Move pH details to Section 6.7</td>
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<td>3</td>
<td>Add dosage form</td>
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ADENOSINE VIATRIS_p\Jan23/01